

Juice Revolution



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ABOUT JUICE REVOLUTION In pursuit of a more healthy, nutritious and balanced lifestyle. At Juice Revolution we are redefining the way we approach health and nutrition. Our mission is to empower individuals to revolutionize their health through the consumption of nutrient-rich, delicious products. Unlike typical cold-pressed juices, ours are handcrafted with meticulous care, never heated, and immediately blast frozen to preserve every essential nutrient until the moment you savour it. Choosing Juice Revolution is a statement—a declaration that you prioritize the very best for your body. Our commitment extends beyond exceptional juice; we offer a holistic approach to health, providing convenient, pure, and nutrient-dense products with an unwavering focus on quality. Expertly crafted to ensure an enjoyable consumption experience, our offerings allow you to effortlessly incorporate a wide array of fruits and vegetables into your routine. What further sets us apart is our unwavering commitment to providing support throughout your juice cleanse journey. As Juice Revolution steps into its second decade of existence, we are humbled by the positive feedback and impact we've had on the lives of thousands of South Africans. It's a privilege to contribute positively to the health and well-being of our community. With us, you're not just a customer; you're a unique

individual deserving of the highest standard when it comes to nourishing your body. Join us in celebrating the journey to vibrant health and wellness. Here's to revolutionizing your health, together!

SHOP OUR SOLUTIONS

Reset Set yourself up for success with our guided plans and reset your body, habits, and lifestyle—rapid nutrition and condensed success at its best.

Daily Nutrition Juices, shots and smoothies to support your healthy lifestyle. Fill your freezer and enjoy the convenience of eating the rainbow every day.

Kids Nutrient dense juices and smoothies to nourish growing bodies. They taste so good, your kids won't even know they're drinking their veggies!

Sports Fuel your performance and drive your recovery with nutrient-dense macro and micronutrients. Scientifically designed for the health-conscious athlete.

The Farmacy Developed in collaboration with integrative health practitioners, use the power of juicing to support your body's innate ability to heal itself.

SHOP OUR FULL RANGE -(Click on the section headings to redirect to our website for information on the range.)

Cleanse and Lifestyle Plans Our cleanse and lifestyle plans are based on years of research, and are designed to ensure you succeed and achieve great results. These plans represent complete and convenient solutions and you receive everything you need delivered blast frozen to your door. Each plan has a unique combination of products, coaching and support. We also offer customised plans to cater for specific needs.

Juices, Shots and Smoothies Our range of juices, shots, and smoothies is designed to help you maintain your health goals and make juicing a part of your daily routine. Our health shots contain essential ingredients that nourish and support the body's natural healing process. Our juices and smoothies are made from 100% natural ingredients, without added sugar, preservatives, or harmful substances, making them perfect snacks or meal replacements. Fill your freezer with these delicious products and enjoy the convenience of eating the rainbow every day.

Plant Based Soups Our Kosher, vegan-friendly, plant-based soups are convenient, healthy, and delicious. They are packed with vitamins and nutrients to keep your body healthy. We make them in small batches using high-quality, locally sourced veggies and fresh vegetable stock prepared with filtered water and fresh herbs. Our soups contain no artificial ingredients or preservatives and are blast-frozen to lock in all the

goodness. They are ideal for lunch or dinner and are available in 10 recipes. Kids Range Our Kids range helps your child to consume a healthy amount of fruits and vegetables, absorb all the essential nutrients from them, and add a wider variety of fruits and vegetables to their diet. These delicious juices and smoothies are 100% natural and contain no added sugar, preservatives, or other harmful substances. Sport Introducing Juice Revolution's sports range – a breakthrough in nutrition for South African athletes and sports enthusiasts. Scientifically formulated in collaboration with registered sports dietitians, this range of six drinks provides pre-, during and post-workout nutrition to fuel your performance. Whether you're performance-conscious or carb-conscious, our range caters to your specific needs. Don't settle for ordinary; revolutionize your sports nutrition with Juice Revolution's sports range. The Farmacy At Juice Revolution, we believe in the power of nature to heal and nourish the body. Fruits and vegetables designed by nature are a testament to this. Juicing, a natural and holistic approach, is effective for many ailments. The life-giving nutrients contained within nature's foods are easily ingested and utilized in juice form and rarely, if ever, have any adverse side effects. Juice therapy is gentle and nurturing to your body. Our Farmacy range is crafted in collaboration with integrative health practitioners and embraces the philosophy of "Let food be thy medicine." We will be expanding our offerings in this range, so be sure to check in periodically. Be sure to check for any potential interactions that could arise from choosing your juicing and your current treatment regime. Please consult your family doctor before stopping any medical drugs for any condition. Supplements and Teas We understand that the supplement market can be confusing, which is why we have narrowed it down to four essential supplements. By combining these supplements with our juices and soups, you can elevate your body's nutrient levels to an excellent new level. These supplements come in the blue supplement pouches included in all our Cleanse Plans. WHY JUICE REVOLUTION In pursuit of a more healthy, nutritious and balanced lifestyle. HOW you nourish your body matters. WHAT you put in your body matters. The LIFE in your food is what counts. Your body consists of billions of microscopic cells that need active nourishment. This is why cold-pressed raw juice is crucial to your health. With so many responsibilities, life

don't let the responsibility of nourishing your body be the one that slips. HEALTH matters. Our mission is to put high-nutrient, plant-based food in your hands. Easy to store. Easy to consume. Easy to digest. Excellent uncompromising quality because QUALITY MATTERS. Welcome to the revolution. The JUICE REVOLUTION.

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