Suzanne Marais-Clinical Psychologist



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SUZANNE MARAISSuzanne Marais: Clinical PsychologistB.Sc., Honours psychology, M.A. Clinical psychology, HPCSA registeredI specialise in anxiety disorders (e.g. PTSD and Panic disorder), mood disorders (e.g. depression), and marriage counselling. I work mainly with adults and older teenagers. I provide a safe space to explore, heal and grow in all the aspects of your life.If you experience anxiety or depression or have to adapt to new circumstances that is making it difficult for you to cope, please contact me.Using a holistic approach, I try to help my patients gain confidence and hope for the future.

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