

PNX Gap Year



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A one-year program for post matriculates (18-25 years) to discover their identity [who they are], purpose and future career through career exposures, adventures and life skills training.

CAREER30 + Career Exposures – find your career
Ensure career direction and funding opportunities to study
Future Job opportunities and work-place ready
Job shadow your career choice + In depth interviews with professionals
Visiting universities, colleges and tertiary institution
Aptitude Test by Dr Denton - 33 page analysis about your interests, behaviour, beliefs, future career etc.

ADVENTURES
Skydiving from 9000 feet
Bungee Bloukrans (216m) / Shark Cage Diving
Snow hunting / Stargazing in Sutherland
Road trips all around South Africa
Zip lining in the mountains
Surfing and Stand-Up Paddling
Sandboard Dragon Dune (longest dune in SA)
Kayak the Atlantic Ocean
Go Karting
Table Mountain Hiking and sleeping on Stellenbosch Mountain
Cliff Jumping / Kloofing
Explore Cape Town and its surroundings
*International trip / Travel Southern Africa
All adventures are weather and availability dependent. Terms and Conditions do apply with all adventures. We cannot ensure any adventures as safety and practicality is of first importance. *The International / Southern Africa trip is not included in the price of the program.

LIFE -DEVELOPING THE MIND, SOUL AND BODY
*International accredited courses

(Marketing, Fitness, IT, Entrepreneurship)First Aid highest level (Level 3)Personality Tests & Discover Your IdentityMentoring and Life CoachingSkills development – Stress and Time management, Car Savvy, Financial planning, Stewardship etc.Experience South Africa’s diverse rainbow cultureVolunteering/ Ministry/ OutreachesWHY DO A GAP YEAR?GAP YEAR STUDENTS ARE:88% More Likely to Be Employed.More Likely to Finish Their Studies.More Mature, Self-Reliant, Independent and Have A Better Worldview.Travel, Adventure, Exploration, And Self-Discovery Is A Life-Changing Experience.

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