

Women's Clinic (Private Wellness Clinic)



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Experience comprehensive women's healthcare at Women's Clinic, your trusted provider of exceptional care throughout your life. Dr Patel Women's Clinic Bellville Often women are deprived of receiving essential medical care due to cost barriers or lack of access. Women's Clinic hopes to assist women is providing quality comprehensive medical care to all patients. We're Certified Over 20 years of Experience In Women's Health Specialist Obstetrician | Gynaecologist 100% Safe & Trusted Services We Provide Gynaecology assessments and pap smears Pre-pregnancy medical assessment Pregnancy Assessments Pre-abortion assessments Antenatal consultations Antenatal and Gynaecology Ultrasounds Sexually transmitted disease testing Cancer screening Menopause Irregular bleeding Infertility assessment Pelvic pain Urinary problems Assessment for contraception Post-delivery examination How Do I Know That I Might Be Pregnant? Some of the signs of early pregnancy include: Missed periods Nausea and vomiting Breast changes Tiredness or fatigue Frequent urination The above signs may be caused by other illnesses as well. It is recommended that you visit your doctor if you suspect being pregnant. What can I do to stop nausea during early pregnancy? Morning sickness can be unpleasant and distressing. These are a few suggestions to relieve nausea: Select foods that are easy to digest and high in protein Drink plenty of cold fluids Avoid foods triggering

nausea Rinse your mouth after vomiting Try to take your prenatal vitamins Snack
often Eating foods containing ginger may assist

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